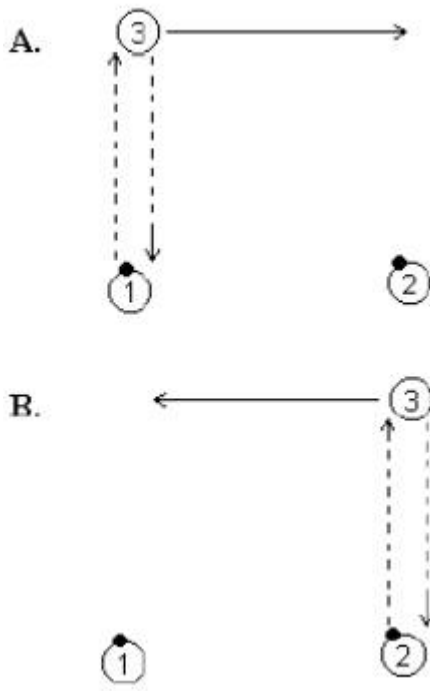
	Drill	Skill
	05 – Defensive shuffle & pass	<ul style="list-style-type: none"> ● Defensive stance ● Footwork ● Passing

Description	
<ul style="list-style-type: none"> ● Players are in groups of three. ● The three players set up as shown in <i>Diagram A</i>. ● Two players with balls are about 3-4 steps apart and face third player who begins drill standing in front of one of the other players. ● Steps... <ol style="list-style-type: none"> 1 Player 1 passes to player 3 who returns pass and then defensive shuffles in front of player 2 (<i>Diagram A</i>). 2 Player 2 then passes to player 3 who returns pass and then defensive shuffles back in front of player 1 (<i>Diagram B</i>). This sequence is repeated. ● Run for specified time (e.g. 1 minute) and rotate players. 	
Variations	
<ol style="list-style-type: none"> Specify types of passes to be made. Most passes in specified time (competitive). 	
Points of emphasis	
<ol style="list-style-type: none"> 1 Correct defensive footwork (wide then wider). 2 Good crisp passes. 3 Communicate. Show hands and call "Ball". 	

