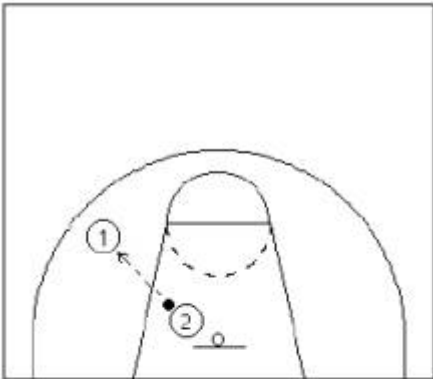

	Drill	Skill
	31 – Pass, shoot & box out	<ul style="list-style-type: none"> ● Shooting ● Boxing out

Description	<div data-bbox="948 501 976 537">A</div>   <div data-bbox="948 1346 976 1382">B</div>
<ul style="list-style-type: none"> ● Players are in pairs. Player 1 is on perimeter in shooting range, player 2 is under basket with ball. ● Steps... <ol style="list-style-type: none"> 1 Player 2 passes to player 1. Player 1 takes one strong dribble either side into a shot. Player 2 as soon as they pass the ball is closing out, trying to pressure the shot and boxing out once the shot is taken. 2 Both players go for the rebound. If offense gets the rebound they should try and score. 3 Player that gets the rebound is offense on next repetition or on made basket players rotate positions. 	
Variations	
<ol style="list-style-type: none"> a) Use different parts of the floor. b) Have 2-3 pairs at each basket and use as many baskets as you have. c) Add competition. Keep score. 	
Points of emphasis	
<ol style="list-style-type: none"> 1 Correct shooting form. 2 Dribble to go somewhere. 3 Stay low and go up into the shot. 4 Close out properly. 5 Make contact on the box out. 6 Compete for the rebound. 	