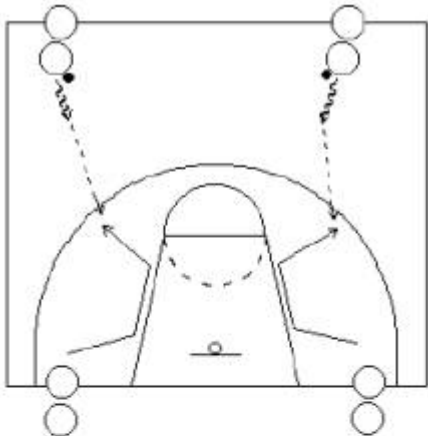
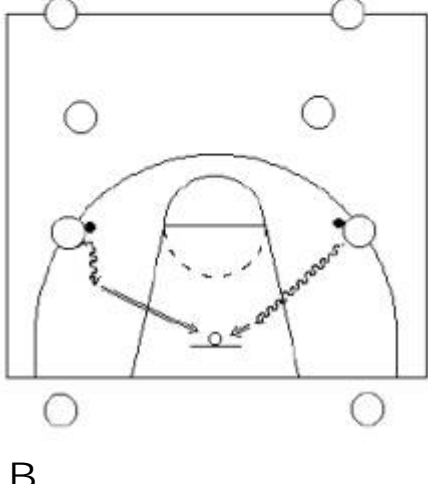
	Drill	Skill
	<b>49 – Create a lead</b>	<ul style="list-style-type: none"> <li>● Offense</li> </ul>

Description	<div data-bbox="927 499 1356 981"> <p>A</p>  </div> <div data-bbox="927 1014 1356 1496"> <p>B</p>  </div>
<ul style="list-style-type: none"> <li>● Players form four lines, two at each corner and two at half-court.</li> <li>● First players in half-court lines have a ball.</li> <li>● Players in corner lines move to low post area and then "create a lead" (using the inside leg/ inside arm technique).</li> <li>● After receiving the pass they face-up to the basket and make a one on one move to the basket.</li> <li>● Players rotate lines clockwise so all players get a turn at passing and receiving from both sides of the court.</li> </ul>	
Variations	
<ol style="list-style-type: none"> <li>Use different one-on-one moves to the basket for both shots and lay-ups.</li> <li>Use no-defense, then token defense, then real defense on players creating the lead. Then add token, then real defense to the passers as they become more accomplished.</li> </ol>	
Points of emphasis	
<ol style="list-style-type: none"> <li>1 Stress the cut to the basket to make the defender move.</li> <li>2 Stress the correct inside leg, inside arm in front of the defender technique.</li> <li>3 Players must face basket after receiving the pass.</li> <li>4 Explosive one-on-one moves to the basket.</li> </ol>	