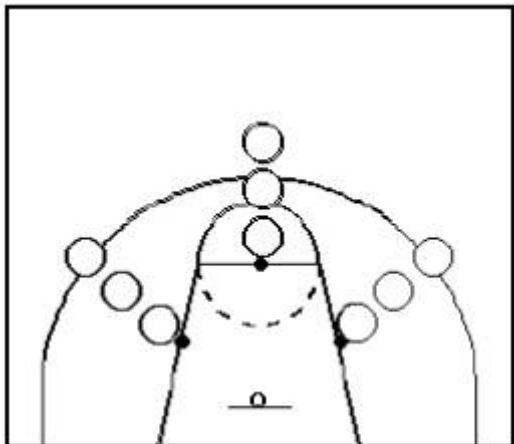
	Drill	Skill
	53 – Team shoot (triangle shooting)	<ul style="list-style-type: none"> Shooting

Description	
<ul style="list-style-type: none"> Players form three lines around basket. Players shoot and rebound their own shots, pass to next person in their line and return to end of line. Rotate positions. 	
Variations	
<p>a) Make it competitive by:</p> <ul style="list-style-type: none"> i) Seeing which team can make 10 (or any number) of shots first. ii) Seeing which team can make most shots from a set number. <p>b) Change distance of shot.</p>	
Points of emphasis	
<ol style="list-style-type: none"> Correct shooting form. Follow the shot and aggressively rebound. 	