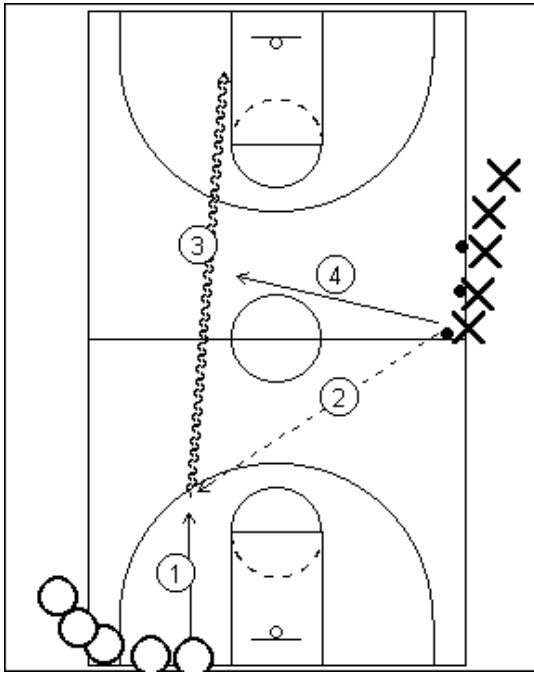


	Drill	Skill
	64 – Full court drive	<ul style="list-style-type: none"> ● Dribbling ● Defense

Description	
<ul style="list-style-type: none"> ● Have players set up in two lines as in the Diagram, offensive players along the base line, defensive players along the side line. ● Diagram forces left hand dribbling. ● Which side the side line 'line' is on determines which hand the offensive player will likely need to use to dribble and shoot. ● On "GO" from the coach the offensive player can start to run (line 1) to catch the ball tossed (line 2) to her/him as s/he comes up court. ● After pass defensive player rushes on court to harass/defend (line 4) the offensive player's dribble/attack (line 3) at the basket at the far end of the court. ● Players return to other line outside the court area. 	
Variations	
<p>a) See Drill 11 – Chase</p> <p>b) <u>IF you wish to use it...</u> Have the defender 'foul' the shooter if the shooter gets to a position of having a near certain basket. Note:</p> <ol style="list-style-type: none"> The foul should be a reach in foul. The foul must NOT be a push as that would be viewed as an intentional foul. The reason for teaching this is for the game situation where a foul is preferred to a certain basket. 	
Points of emphasis	
<ol style="list-style-type: none"> 1 Dribbling with proper hand. 2 Speed in dribbling. 3 Shooting under pressure. 4 Defensive pressure on shooter. 	