
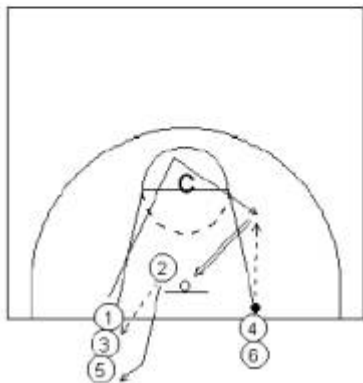
	Drill	Skill
	13 – Horseshoe shooting	<ul style="list-style-type: none"> ● Shooting ● Passing/receiving

Description	 
<ul style="list-style-type: none"> ● Players form two lines on baseline on either side of the key. ● The first player in one line has a ball, the second player in the other line has a ball. ● The coach stands on the middle of the free-throw line. ● Player 2 (front of line without ball) makes a v-cut around the coach, calling for the ball from player 1. ● Player 1 passes the ball to player 2 who shoots the basket and rebounds the ball. ● After taking the rebound players pass to the front player in the opposite line (opposite to where they came from). They then join the end of the line. ● After passing the ball, the player cuts around the coach as described above and the drill continues. 	
Variations	
<ol style="list-style-type: none"> Take a dribble after receiving the ball and shoot off the dribble. Make a hard drive to the basket rather than the shot. Add a shot fake before the shot. 	
Points of emphasis	
<ol style="list-style-type: none"> Correct footwork on the cut and good hard change of direction. Receive the ball in the triple threat position ready to shoot. Correct shooting form. Communicate - call for the ball. 	